



August 5, 2022

COVID-19 Status Report  
Oak Park Village Board of Trustees

To: Kevin Jackson, Village Manager

From: Dr. Theresa Chapple-McGruder, Health Director

For: Village President and Village Board of Trustees

The memo is a weekly status report presented Fridays and provides a brief summary of information regarding Village of Oak Park operational activities in response to COVID-19.

### **New COVID-19 Cases**

The Village of Oak Park Department of Public Health received official notification of 131 COVID-19 cases from July 27-August 3, 2022. This is a 20.6% decrease over the last 7-day period and a 10.3% decrease over the cases 30 days ago.

### **COVID-19 Community Transmission Rates**

Based on the positive cases reported to the Village of Oak Park, for the week of July 27-August 3, our weekly COVID-19 rate of 240 cases per 100,000 places us in high community transmission. The CDC recommends tracking community transmission rates and using this to set control measures for hospitals and congregate living facilities. The state health department encourages tracking of community transmission rates for decision making around certain COVID-19 protocols in schools.

These numbers do not reflect those who tested positive using at home self-administered test. At-home test must be confirmed at an official testing site (pharmacy, physician office, health department, school, etc.) in order to be included in the official state count.

If you test positive on a home test and decide not to test at an official testing facility, please alert the Health Department of your positive home test by emailing name, age, zip code and date of positive test to [health@oak-park.us](mailto:health@oak-park.us). While this won't be included in the official tally, it will help give the Health Department a sense of the number of new cases beyond the official tally it receives from the state.

## COVID-19 Community Levels

On February 25, 2022, the CDC introduced COVID-19 Community Levels of low, medium, and high. Cook County is in the high community level this week.

Oak Park is in the medium level, as defined by 200 or more new cases per 100,000 (we have 240) and new COVID-19 admissions per 100,000 population are less than 10 (we have 4). Our COVID-19 admissions have doubled since last week. Our overall percent of staffed inpatient beds occupied by COVID-19 patients is still less than 10% (Cook County reports 7.7% as of August 2, which is a 14.8% increase from last week).

As Oak Park enters its eighth week in the medium community level, the health department wants to remind people of CDC's precautions which include:

- Wear a mask indoors in public and on public transportation
- Stay up-to-date with COVID-19 vaccines
- Get tested if you have symptoms
- Take additional precautions if you, anyone in your household, or people you work with/serve are at high-risk for severe illness

Additionally, the health department is advising that you wear a mask when around the vulnerable, stay at home when sick, test at the first sign of illness (even if you think it may be allergies), isolate for a minimum of five days if you test positive and wear a high-quality mask if you reenter society prior to 10 days post infection, consider using a rapid antigen test before ending isolation as many remain infectious post their five-day isolation period. The health department has issued new guidance to aid our residents who have tested positive. Please see the COVID-19 guidance and order page for more information.

If you are a close contact, quarantine for five days and wear a mask for the remaining five days if you are not up-to-date on your vaccinations. If you are up-to-date on your vaccinations, mask at all times you are around others for 10 days, indoors and out, and get vaccinated or boosted as indicated.

During these summer months, consider hosting events outdoors and asking guest to test prior to arriving. As a community, we can do what's necessary to keep each other safe and have our community levels return to low.

Many people in Oak Park travel throughout the county and as a result experience a greater risk of contracting COVID-19. Although Oak Park is in the medium community level, we recommend following the high community level prevention strategies for Oak Park residents that frequently travel throughout the county. Oak Park residents that tend to be more stationary within Oak Park may follow the medium community level prevention strategies.

CDC's recommendations on individual, household, and community level prevention strategies:

COVID-19 Community Level	Individual- and household-level prevention behaviors	Community-level prevention strategies (as recommended by state or local authorities)
<b>Medium</b>	<ul style="list-style-type: none"> <li>• If you are immunocompromised or <a href="#">high risk</a> for severe disease <ul style="list-style-type: none"> <li>○ Talk to your healthcare provider about whether you need to wear a mask and take other precautions (e.g., testing)</li> <li>○ Have a plan for rapid testing if needed (e.g., having home tests or access to testing)</li> <li>○ Talk to your healthcare provider about whether you are a candidate for treatments like oral antivirals, PrEP, and monoclonal antibodies</li> </ul> </li> <li>• If you have household or social contact with someone at <a href="#">high risk</a> for severe disease <ul style="list-style-type: none"> <li>○ consider self-testing to detect infection before contact</li> <li>○ consider wearing a mask when indoors with them</li> </ul> </li> <li>• Stay up to date with COVID-19 vaccines and boosters</li> <li>• Maintain improved ventilation throughout indoor spaces when possible</li> <li>• Follow CDC recommendations for isolation and quarantine, including getting tested if you are exposed to COVID-19 or have symptoms of COVID-19</li> </ul>	<ul style="list-style-type: none"> <li>• Protect people at <a href="#">high risk</a> for severe illness or death by ensuring equitable access to vaccination, testing, treatment, support services, and information</li> <li>• Consider implementing screening testing or other testing strategies for people who are exposed to COVID-19 in workplaces, schools, or other community settings as appropriate</li> <li>• Implement enhanced prevention measures in high-risk congregate settings (see guidance for <a href="#">correctional facilities</a> and <a href="#">homeless shelters</a>)</li> <li>• Distribute and administer vaccines to achieve high community vaccination coverage and ensure health equity</li> <li>• Maintain improved ventilation in public indoor spaces</li> <li>• Ensure access to testing, including through point-of-care and at-home tests for all people <ul style="list-style-type: none"> <li>○ Communicate with organizations and places that serve people who are immunocompromised or at <a href="#">high risk</a> for severe disease to ensure they know how to get rapid testing</li> </ul> </li> <li>• Ensure access and equity in vaccination, testing, treatment, community outreach, support services for disproportionately affected populations</li> </ul>

COVID-19 Community Level	Individual- and household-level prevention behaviors	Community-level prevention strategies (as recommended by state or local authorities)
<b>High</b>	<ul style="list-style-type: none"> <li>• Wear a well-fitting mask<sup>1</sup> indoors in public, regardless of vaccination status (including in K-12 schools and other indoor community settings)</li> <li>• If you are immunocompromised or high risk for severe disease <ul style="list-style-type: none"> <li>○ Wear a mask or respirator that provides you with greater protection</li> <li>○ Consider avoiding non-essential indoor activities in public where you could be exposed</li> <li>○ Talk to your healthcare provider about whether you need to take other precautions (e.g., testing)</li> <li>○ Have a plan for rapid testing if needed (e.g., having home tests or access to testing)</li> <li>○ Talk to your healthcare provider about whether you are a candidate for treatments like</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Consider setting-specific recommendations for prevention strategies based on local factors</li> <li>• Implement healthcare surge support as needed</li> <li>• Protect people at high risk for severe illness or death by ensuring equitable access to vaccination, testing, treatment, support services, and information</li> <li>• Consider implementing screening testing or other testing strategies for people who are exposed to COVID-19 in workplaces, schools, or other community settings as appropriate</li> <li>• Implement enhanced prevention measures in high-risk congregate settings (see guidance for correctional facilities and homeless shelters)</li> <li>• Distribute and administer vaccines to achieve high community vaccination coverage and ensure health equity</li> <li>• Maintain improved ventilation in public indoor spaces</li> </ul>

	<p>oral antivirals, PrEP, and monoclonal antibodies</p> <ul style="list-style-type: none"> <li>• If you have household or social contact with someone at high risk for severe disease <ul style="list-style-type: none"> <li>○ consider self-testing to detect infection before contact</li> <li>○ consider wearing a mask when indoors with them</li> </ul> </li> <li>• Stay up to date with COVID-19 vaccines and boosters</li> <li>• Maintain improved ventilation throughout indoor spaces when possible</li> <li>• Follow CDC recommendations for isolation and quarantine, including getting tested if you are exposed to COVID-19 or have symptoms of COVID-19</li> </ul>	<ul style="list-style-type: none"> <li>• Ensure access to testing, including through point-of-care and at-home tests for all people <ul style="list-style-type: none"> <li>○ Communicate with organizations and places that serve people who are immunocompromised or at high risk for severe disease to ensure they know how to get rapid testing</li> </ul> </li> <li>• Ensure access and equity in vaccination, testing, treatment, community outreach, support services for disproportionately affected populations</li> </ul>
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<sup>1</sup>At all levels, people can wear a mask based on personal preference, informed by personal level of risk. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask.

Source: <https://www.cdc.gov/coronavirus/2019-ncov/science/community-levels.html>

## Deaths

There were 0 reported deaths to residents from COVID-19 in the community for this time period.

## Oak Park Residents Vaccinated

Oak Park reports 90% of residents receiving their first dose and 82% completing their primary vaccination series.

On March 30, 2022, the CDC approved an additional booster for certain populations:

- Everyone 50 and older
- Age 12 and older who are moderately or severely immunocompromised
- Age 18-49 who received a J&J vaccine and a J&J booster

On May 19, 2022, the CDC approved boosters for children ages 5-11. On June 18, 2022, the CDC expanded eligibility for vaccination to children 6 months through 5 years of age.

Everyone must be at least four months post their initial booster to qualify.

The Oak Park Department of Public Health is hosting vaccination clinics for anyone age 6 months and older who need their first, second, or booster dose. Check the Village of Oak Park website for up-to-date clinic information and to register.

- Tuesday, August 9, 4 pm-7 pm at Cheney Mansion, 220 N. Euclid Ave.

### Age Range Data

Oak Park residents who tested positive for COVID-19 ranged in age from infancy to 85 years.

Age Range	Cases July 27-Aug 3	% of Cases July 27-Aug 3
0-4	7	5.3%
5-13	10	7.6%
14-19	3	2.3%
20-29	16	12.2%
30-39	21	16.0%
40-49	20	15.3%
50-59	22	16.8%
60-69	17	13.0%
70-79	13	9.9%
80-89	2	1.5%
90-99	0	0.0%
Total	131	