COVID-19 Public Health
GUIDANCE FOR TESTING POSITIVE FOR COVID-19

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Pursuant to Section 20-1-6(BB) of the Oak Park Village Code, which was adopted by the Village Board on January 19, 2021, by Ordinance 21-8, the Village's Public Health Director has the authority to make "reasonable rules, regulations, and orders . . . as may from time to time be deemed necessary . . . due to the outbreak of COVID-19 disease in the State of Illinois . . . as long as there is a disaster proclamation in place by the Governor of the State of Illinois due to the outbreak of COVID-19 disease," and such a disaster proclamation continues to remain in place. In addition, authority is delegated to the Village of Oak Park Public Health Department as an Illinois certified local health department by the Illinois Public Health Act, 20 ILCS 2305/1.1 *et seq.*, Section 15 of the Illinois Department of Public Health Powers and Duties Law, 20 ILCS 2310/2310-15, and 77 Ill. Adm. Code Sections 690.1305(a) and 690.1310(c).

GUIDANCE FOR TESTING POSITIVE FOR COVID-19

1.   If you test positive for COVID-19, you should alert everyone you have been in contact with over the last forty-eight (48) hours of your positive COVID-19 status and inform them to test for COVID-19 at the first sign of any symptom.

2.   You should alert the Oak Park Public Health Department by emailing your name, age, zip code, and date of positive test to health@oak-park.us.

3.   You should immediately isolate for five (5) days. For purposes of this Guidance, "isolate" means you should stay at home and separate yourself from other individuals. The day you test positive is day zero (0). If you are feeling better on day six (6), and fever free for twenty-four (24) hours, you can return to public activities **only if** you are able to fully wear a high-quality mask at all times. If you need high-quality masks, please contact the Oak Park Health Department at 708-358-5480 or health@oak-park.us.

4.   If you test positive pursuant to a screening test and are symptom free, day zero (0) is the day that you tested positive. If you subsequently develop symptoms, day zero (0) resets to the day you began to show symptoms.

5.   It is best to not leave isolation until you have completed the five-day isolation period **and** have tested negative pursuant to a rapid-antigen test. If you are COVID-19 positive and need an at-home rapid antigen test to end your isolation period, please contact the Oak Park Health Department at 708-358-5480 or health@oak-park.us.

6.   If you meet the criteria for test-to-treat, please contact your physician for treatment immediately. If you do not have a health care provider or need assistance securing treatment, please contact the Oak Park Public Health Department at 708-358-5480 or health@oak-park.us.

7.   If you were hospitalized for COVID-19, isolate through day 10 and consult your doctor before ending isolation.

8.   If you are a close contact of someone who has tested positive for COVID-19, you should test at the first sign of symptoms, preferably with a PCR test. Antigen testing for COVID-19 has been slow to recognize the current variant, which is BA.2. For purposes of this Guidance, a "close contact" means an individual who was within six (6) feet of a confirmed or probable COVID-19 case for a cumulative total of fifteen (15) minutes or more in a twenty-four (24) hour period.

9.   If you are a close contact do not develop symptoms, you should test after five (5) days, with day zero (0) being the day you were exposed to COVID-19. It is recommended that you test with a PCR test.

10.   Regardless of vaccination status, you should remain masked for ten (10) complete days and get tested on day five (5), with day zero (0) being the day of exposure. Masking with a high-quality mask is recommended. If you need high-quality masks, please contact the Oak Park Public Health Department at 708-358-5480 or health@oak-park.us.