

**Intellectual/Developmental
Disability**

Resource Directory

Services and Supports
for Children and Adults



**Community Mental
Health Board**
of Oak Park Township



Comprehensive | Community-based | Accessible

The right support system can make a significant impact in the life of a person with intellectual/developmental disabilities. This directory offers resources that can be used to address unique needs and preferences and allow individuals to thrive in the community.

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This document aims to enhance access to information about resources available to Oak Park and River Forest residents, with an emphasis on free or reduced-cost services. It is not intended to be an exhaustive resource list. While every effort has been made to ensure the accuracy of information included, we understand that some information may change over time. Thank you for your understanding.

Who We Are



Community Mental Health Board (CMHB) of Oak Park Township

CMHB was created in 1973 by township referendum under the Community Mental Health Act (405 ILCS 20) to plan, develop, coordinate, evaluate, and fund services for persons with mental health and substance use disorders as well as intellectual/developmental disabilities.

Our mission is to (1) enhance the mental health and developmental potential of Oak Park residents, (2) establish an appropriate continuum of community support services, and (3) manage local resources in a fiscally-responsible manner.

 **(708) 358.8855**

 **oakparktownship.org/cmhb**

 **facebook.com/CommunityMentalHealthBoardOPT**

River Forest Township Mental Health Committee



River Forest Township funds and manages essential human services in the areas of older adults, youth, behavioral health, developmental disabilities, substance use prevention, and financial assistance. Through these funded services, River Forest Township Mental Health Committee enhances the mental health and well-being of River Forest residents through caring, connection, and a sense of community.

 **(708) 366.2029**

 **RiverForestTownship.org**

 **facebook.com/RiverForestTownship**



Community Support Services, Inc.



Community Support Services

Community Support Services (CSS) initiates, provides, and promotes services for people with intellectual/developmental disabilities and their families within their communities, in order to strengthen their independence, self-esteem, and ability to participate in and contribute to community life.

CSS serves individuals with intellectual/developmental disabilities who exhibit a broad range of behaviors from mild to severe. Typical diagnoses of our participants include cerebral palsy, epilepsy, autism, and Down syndrome.

9021 Ogden Ave.
Brookfield, IL 60513

 (708) 354.4547

 info@CSSservices.org

 cssservices.org

Services Offered:

Respite

As one of the largest respite providers in Illinois, CSS also consistently reports high praise from families that say that the services improve the quality of life for their son or daughter. Respite also provides a much needed break for parents and caregivers.

Residential

In addition to respite, CSS residential and independent living services help participants live independently in the community, including eight CSS group residential homes.

Supported Employment/ Day Program

Supported employment services are designed for adults who are interested in working or volunteering in the community, and the Family Support Center in Cicero provides a day program and is a bilingual, bicultural community resource.

Academy Programs

A unique offering is CSS Academy Programs, which provide continuous learning opportunities during day, evening, or weekend classes in the areas of life skills, arts, vocational skills, recreation, and technology. This is especially geared toward adults aged 18+ who have graduated from high school but are seeking ways to continue to learn and be connected in the community.



L'Arche Chicago

The mission of L'Arche Chicago is to build a community of belonging and friendship by providing lifelong homes for adults with intellectual disabilities in the Oak Park and River Forest area. This is done in four small, family-sized homes nestled on residential blocks near the OPRF area.

L'Arche exists to strengthen the community and to create a place where people are transformed through relationships of mutuality, respect, and companionship as they live, work, and share time together.

7313 Madison St.
Forest Park, IL 60130

 (708) 660.1600

 hello@larchechicago.org

 larchechicago.org

Services Offered:

Community Homes

L'Arche Chicago helps adults with intellectual disabilities who live in their homes to lead happy, fulfilling lives that would otherwise be out of reach every day.

The program utilizes a unique model of care where the daily routines of people with intellectual disabilities that live in L'Arche homes are much like those of every adult that works, volunteers, is active in their community, pursues leisure activities, enjoys downtime, and maintains long-lasting friendships. L'Arche makes this possible, not just for a few months or years, but for the lifetime of each individual.

The unique live-in model of care, where assistants and people with intellectual disabilities live together in homes, sharing life, allows for such moments as the joy of gathering together at the dinner table as family.

L'Arche homes provide mutually-transforming relationships for residents, assistants, volunteers, and friends as well as coordinated, personalized health care and space for self-determination.



Oak-Leyden Developmental Services

Oak-Leyden serves children and adults with intellectual and/or developmental disabilities and delays and their families with individualized health care, therapy, education, housing, job placement, and comprehensive services.

Oak-Leyden provides an array of services and supports through three main program areas: Children's Services, Community Living Services, and the Lifelong Learning Program. Each of these program areas works one-on-one with participants to assess and meet their needs so that they can reach their highest potential.

411 Chicago Ave.
Oak Park, IL 60302

 (708) 524.1050

 info@oak-leyden.org

 oak-leyden.org

Services Offered:

For newborns through age five:

Evaluations & Screenings

Licensed, certified therapists conduct evaluations of children in a comfortable manner, make a diagnosis, and recommend a unique development plan.

Early Intervention

Early intervention services connect children with developmental disabilities and delays, and their families, to a network of caring therapists to build both educational and social skills. The program utilizes a multidisciplinary, team-based individual and/or group approach to early intervention.

Therapy

Therapy services are available for children ages three to five years through private pay agreement. Therapies may involve one-on-one and/or group sessions with physical, occupational, and speech therapists, focused on overcoming individual challenges.

For adults over age 21:

Community Living Services

Oak-Leyden has 12 Community Integrated Living Arrangement (CILA) group homes throughout the western suburbs where residents receive 24-hour support and care that promote personal independence.

Lifelong Learning

State-licensed Lifelong Learning day programs in facilities in Oak Park and Leyden townships provide adults with developmental disabilities a curriculum of vital skills tailored to their needs and ability levels.

Supported Employment Program

The Supported Employment Program assists adults with developmental disabilities in securing private sector jobs at competitive wages.






Opportunity Knocks

Opportunity Knocks is dedicated to enriching life and community. Their mission is to support people with intellectual and developmental disabilities as they live, work, learn, grow, and connect within their community.

Opportunity Knocks believes in a dynamic, person-centered and community-based approach to programming that engages the voice of all program participants, who they call Warriors, thrives on interdependent connections, encourages exploration, centers on holistic wellness, and fosters healthy relationships.

8020 Madison St.
River Forest, IL 60305

-  (708) 771.6159 ext: 204
-  info@opportunityknocksnow.org
-  opportunityknocksnow.org

Services Offered:

OK Programs

Crafted in collaboration with participants, the activities offered through the OK Programs platform blend a combination of focus on wellness, vocational skills, life skills, leadership, recreation, and community connection. Sessions are offered throughout the year, with specific activities that vary from session to session. Common to all activities is a dedication to developing strong social and community connections.

Knockout Enterprise

The Knockout Brand features three connected initiatives: Knockout Pickles, Knockout Catering, and the Knockout Farm. The enterprise aims to sustain meaningful and gainful vocational skill-building opportunities and jobs for Warriors, while also running a successful food and farm enterprise that provides a revenue stream to support the entire organization.

PACTT

Connecting people with autism
to the community



PACTT Learning Center

PACTT Learning Center was established in 1993 to assist individuals with autism in becoming as independent as possible with the ability to integrate effectively into their homes and communities.

PACTT serves over 65 participants in school, vocational, and residential programs that support individuals with autism. They believe that participants have the right to be fully active in their community, and PACTT is committed to providing the support to ensure their full inclusion.

7101 N. Greenview Ave.
Chicago, IL 60626

-  (773) 338.9102
-  pactt@pactt.org
-  pactt.org

Services Offered:

Therapeutic Day School

PACTT's therapeutic day school in Chicago's Rogers Park neighborhood serves nearly 30 Chicago-area children from age three through 21. It includes a transitional program that serves older teens needing a bridge between the educational environment of the classroom and the vocational training and job placement programs that they will grow into as adults.

Children's Group Homes

PACTT operates two children's group homes, in Oak Park and Elmwood Park. Each home serves six children. PACTT group homes are unique in that they serve only individuals with autism and are designed to meet their specific needs.

CILAS

PACTT also operates three Community Integrated Living Arrangement (CILA) homes in the Rogers Park and Oak Park communities, serving a total of 22 young women and men.

Vocational Services

PACTT has vocational services programs located in both the Rogers Park and Oak Park communities. PACTT vocational services place teens and young adults with autism to work in individual wage-earning and volunteer jobs with a network of Chicago-area partner employers.

Community Training

PACTT offers training to local communities on the ways they can adapt their approaches or environment to become more inclusive and welcoming to people with autism.



Progress Center for Independent Living

Progress Center for Independent Living is a non-profit disability rights organization serving Suburban Cook County. Progress Center is dedicated to building a society in which people with disabilities shall have the same freedoms, rights, and civil liberties as everyone else. They directly assist individuals with all types of disabilities and a wide range of accommodation needs to achieve their self-determined goals. They also engage in social justice advocacy for the rights of people with disabilities.

7521 Madison St.
Forest Park, IL 60130

 (708) 209.1500

 info@progresscil.org

 progresscil.org



Services Offered:

Independent Living Skills

Progress Center offers one-on-one and group skills trainings on a range of topics. Typically, Progress Center crafts trainings based on the needs and wishes of individual consumers.

Advocacy

Progress Center supports the efforts of individuals who have identified barriers that prevent their individual pursuit of independence. Working one-on-one with consumers, and working in coalition, Progress Center works to dismantle barriers and give individuals the tools to navigate barriers to independence.

Peer Support

Progress Center offers a variety of weekly and monthly peer support groups. The purpose of these groups is to offer a space for people with disabilities to interact with their peers, share with others, and learn from the experiences of others.



Riveredge
Hospital



Riveredge Hospital

Riveredge Hospital strives to foster an environment that demonstrates compassion and caring, with timely and effective communication, through comprehensive, clinically excellent behavioral health care services. Their goal is to be a leading provider of quality behavioral health services for children, adolescents, and adults, exceeding the expectation of customers.

8311 W. Roosevelt Rd.
Forest Park, IL 60130

 (708) 771.7000

 riveredgecontact@uhsinc.com

 riveredgehospital.com

Services Offered:

Intellectual Disability Program

Riveredge Hospital offers the only specialized inpatient behavioral health program for adults with an intellectual or developmental disability in the state. The trauma-informed inpatient programs at Riveredge Hospital provide comprehensive diagnostic and mental health treatment with the utmost care, compassion, and professionalism in a structured environment.

Riveredge serves those who are in acute crisis due to mental illness, emotional distress, or destructive behavior patterns. The clinical team collaborates with the family and service providers to develop a highly individualized treatment plan.



UCP Seguin

UCP Seguin of Greater Chicago, with origins dating back to 1949, is dedicated to enriching the lives of people with intellectual, developmental, and physical disabilities. UCP Seguin serves more than 1,600 individuals from birth to old age across more than 85 communities in the Chicagoland area as well as Illinois and three other states, enabling children and adults with disabilities to achieve their potential, advance their independence, and act as full members of the community.

3100 S. Central Ave.
Cicero, IL 60804

 **(708) 863.3803**
 **info@seguin.org**
 **ucpseguin.org**

Services Offered:

Community Employment and Community Day Services

Supports to acquire and maintain community work, including jobs in agency-operated social enterprises. Full range of community-based daytime services to enrich lives and promote personal growth. Age-sensitive programs and activities for seniors.

Adult Residential and Respite

Residential supports in multiple family-style homes, and in-home and weekend respite services. Specialized housing for seniors with disabilities and conditions of aging.

Transition, Social-Recreation, and Home-Based Support Services

Transition services – Building Bridges from school to adulthood. Engagement with community through social-recreation program. Case coordination and linkages to desired services through home-based support services.

Foster Care

Nurturing foster homes for children, from birth to 18 years of age, with significant medical conditions or developmental disabilities in conjunction with behavioral challenges.

Assistive Technology and Accessibility Services

Infinitec promotes inclusion and independence via assistive technology, training, and access to specialists. Assistive Technology Exchange Network (ATEN) refurbishes donated computers and devices for persons with disabilities. Ramp Up renovates homes to make them accessible. Durable Medical Equipment provides wheelchairs, hospital beds, and other medical equipment, free of charge.



WSSRA

Since 1976, West Suburban Special Recreation Association (WSSRA) has provided year-round quality recreation services for children and adults with disabilities. WSSRA focuses on age-appropriate recreation opportunities designed to meet individual needs.

As part of eight park districts and four village recreation departments, WSSRA serves the communities of Berwyn, Elmwood Park, Forest Park, Franklin Park, Harwood Heights, Melrose Park, Norridge, Northlake, North Riverside, Oak Park, River Forest, and Riverside.

2915 Maple St.
Franklin Park, IL 60131

 (847) 455.2100

 wssra@wssra.net

 wssra.net

Services Offered:

WSSRA offers programs throughout the year, on a seasonal basis of winter, spring, summer, and fall. WSSRA programs are offered during morning, daytime, evening, and weekend hours. Programs are held in various locations within the partner communities.

WSSRA offers programs beginning at age three and continues for senior citizens.

WSSRA provides a large variety of program opportunities including:

- Skill development (swim lessons, ice skating, cooking)
- Sports & fitness (yoga, dance, aqua exercise)
- Special Olympic training and competition
- General recreation & social programming (social clubs, movie nights)
- Summer day camp
- Overnight trips
- Lekotek (toy lending library)
- Imaginarium Sensory Room
- Round-trip and pick-up-point transportation is available to/from many WSSRA programs

Intellectual/Developmental Disability Supports and Services

Community Support Services	L'Ancie Chicago	Oak-Leyden	Opportunity Knocks	PACTT	Progress Center for Independent Living	Riveredge Hospital	UCP-Seguin	WSSRA
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	Community Support Services	L'Ancie Chicago	Oak-Leyden	Opportunity Knocks	PACTT	Progress Center for Independent Living	Riveredge Hospital	UCP-Seguin	WSSRA
After School Program				•					•
Assistive Technology							•		
Behavior Therapy	•					•	•		
Behavioral Health Assessments						•			
Day Camp									•
Day Program	•		•	•	•		•		
Employment Services	•		•		•		•		
Fitness Programs				•					•
Foster Care							•		
In-Home Services	•				•	•			
Life Skills Training			•	•	•	•	•		
Overnight & Travel Trips									•
Residential Group Homes	•	•	•		•		•		
Respite	•						•		
Sibshop Workshops									•
Special Olympic Training & Competition									•
Therapy Ages 0-5 Yrs, All Disciplines			•						
Therapeutic Schooling					•				
Transition Program					•		•		
Transportation Services					•	•			•
Year-Round Recreation, All Ages									•
Vocational Training		•	•	•	•				

Additional Resources



Local Independent Service Coordinator (ISC) through the Illinois Department of Human Services. Trained coordinators partner with families to conduct pre-admission screenings, develop individualized service plans, and arrange for delivery of services.

900 Maple Ave. | Homewood, IL 60430

(708) 799.9190 subacc.org



The HUB is a free, internet-based site dedicated to connecting individuals living in the Western Suburbs of Chicago to quality health, housing, mental health, substance use, and other supportive services.

healthconnectionhub.org

