

Crisis Intervention Team

What Is CIT?

- Specialized expertise
- Effective Response to Mental Health, Other Disorders (Elder, Juvenile, and addiction) Training
- Timely and professional response
- Intensive state-certified training
- Effectively implement a bridge to utilize community partnerships
- Education on how to strategically work with the person in crisis to gain compliance to obtain the assistance they might need.

40-Hour CIT Course

Includes

- Crisis Intervention Skills
- Mental Illness
- Developmental Disabilities
- Child & Adolescent Disorders
- Psychotropic Medications
- Co-Occurring Disorders
- Veterans and PTSD
- Geriatric Issues
- Excited Delirium
- Medical Conditions
- Legal
- Risk Assessment
- Compliant Surrender
- Role-Play
- Consumer Involvement
- Voices Exercise
- Virtual Hallucinations
- Other Providers

Benefits of CIT

- Crisis response is timely
- The person with a “lived” experience learn what to expect from CIT officers
- Bridge of service if effected to citizens and service providers
- Competence on CIT calls with situation and working with other professionals involved (FD, ER staff, Thrive)
- Officers gain confidence from new skills acquired or current skills reinforced
- Discretionary arrest rates decrease
- Involuntary hospitalizations decrease
- Officer and consumer injury likelihood decrease
- Use-of-force generally decreases on CIT calls
- SWAT and other use-of-force callouts decrease

Community Support = Strategic Partnerships

- Bridges a gap for citizens in crisis knowing that the police are trying to help
- Local Service Providers
- Primary & Secondary Consumers
- NAMI Chapters
- Advocacy Organizations
- Other CIT Law Enforcement Agencies
- Other Interested Parties

CIT Role-Play

- Certified CIT officers working with professional actors
- Realistic scenarios
- Actors “feed off of” actions by officers
- Prompt, professional feedback within scenario environment
- Videotaped action in all scenarios
- Produce “Greatest Hits” video of positive experiences and discuss as a group
- Determines who receives CIT certification

Other relevant issues

- Initially, CIT is voluntarily chosen by law enforcement agencies and the Oak Park Police readily took advantage of the opportunity.
- The Safe – T Act, now mandates Illinois police departments to have crisis intervention training.
- Importance of scenario-based role play process to determine skills
- Interagency CIT Agreements (“Team” in CIT)
- Refresher course for CIT officers
- CIT training for Telecommunicators, and other emergency responders

OPPD CIT Response Model

