

Oak Park Mental Health Crisis Response and Services for Youth

Overview

- Youth in Crisis
- Youth with private insurance
- SASS
- Role Parents/Guardians play in process
- Role outside providers play in process
- Resources

Youth in Crisis

- Suicidal or Homicidal Ideation with means to carry out the plan
- Aggressive behavior with a plan or means, even if no intent to do harm
- Psychotic or dissociative behaviors
- Steps for professionals working with youth:
 1. Complete an Assessment
 2. If immediate threat call 911
 3. No immediate threat inform parents, call SASS (if applicable)

Youth with Private Insurance

- Youth who have private insurance are **NOT** eligible for SASS services.
- If this is the case the mental health professional must call the parents and let the parents know of their options.
 - 1. Hospitalization-finding a program that accepts the insurance.
 - 2. Safety Plans
 - 3. Call 911 if immediate threat
 - Take them to Riveredge for Assessment

**SASS:
CARES LINE
1-800-345-
9049**

- **SASS (Screening, Assessment and Support Services)**
 - Youth under the age of 21 with public funding (Medicaid) or youth under the age of 18 with no funding (no insurance at all)
 - Youth who are DCFS wards
- **Process when calling for SASS Services**
 - What to expect from hotline
 - SASS Provider for Oak Park area-Pillars Behavioral Health
 - SASS assessment
 - 90 day follow up

Role Parents/Guardians Play

- A youth can NOT be hospitalized without consent from a parent or legal guardian.
- A mental health provider can not force a parent to hospitalize a child-we can encourage, suggest, give options, etc.
- Age of consent for Mental Health Services in Illinois is 12 years of age
- Confidentiality

Role Mental Health Providers Play

- **Assessments**
- **Confidentiality and Consent**
- **Wrap around and follow ups**

Oak Park area Resources

• Hospitals with Youth Behavioral Health Programs

- Riveredge Hospital: 708-209-4181, free assessments on site
- Hartgrove Hospital: 773-413-1700
- Garfield Park Hospital: 773-265-3700

Oak Park Area Resources

- Thrive Counseling Center: 708-383-7500
- Pillars Community Health: 708-745-5277
- Free Mental Health Assessments at Oak Park Public Library: rsimmons@oppl.org
- Youth and Family Services Oak Park Township: youth@oakparktownship.org

Questions?

Megan Traficano, LCSW

Youth and Family Services Director

Oak Park Township

mtraficano@oakparktownship.org



OAK PARK
TOWNSHIP



RIVER FOREST
TOWNSHIP