

2012 Annual Report

Village of Oak Park
Department of Public Health



Message from the Health Director

I am pleased to provide the residents of Oak Park with the Health Department's 2012 Annual Report. The year 2012 marked the 110th anniversary of the Oak Park Health Department. Established in January, 1902, at the inception of the Village itself, the Health Department was initially composed of only a Health Commissioner charged to 'give advice and investigate contagion.' An advisory Board of Health was appointed in 1905. In 1948, the Village made application to the Illinois Department of Public Health to become an Illinois 'certified' local health department, with all the privileges and responsibilities that come with that status.

State certification requires that the Health Department provide local public health core programming including food protection and communicable disease control. In addition, the Health Department carries out a number of other programs and services to protect the health and safety of Oak Parkers including surveillance and inspection of child care centers and nursing homes, home visits to at-risk pregnant women and infants, inspections of restaurants, grocery stores, body art and tanning facilities, and emergency preparedness and response activities. In 2012, the Health Department received more than \$365,000 in grant funding to carrying out many of these services. The Health Department is also charged with the responsibility for management of the Animal Control Division as well as the Oak Park Farmers Market.

Within these next few pages, residents will find information about all of the programs and services provided by the Health Department in 2012. We take pride in the many accomplishments detailed in this Annual Report and hope you will take a few moments to see what your Health Department is doing for you.

Sincerely,

Margaret Provost-Fyfe, RN, MPH
Health Director

The Village of Oak Park
123 Madison Street, Oak Park, Illinois 60302
708.358.5480
www.oak-park.us/health health@oak-park.us

2012 Health Department Staff

Administration

Margaret Provost-Fyfe, RN, MPH, Health Director
Paul Luning, MD, MPH, Medical Consultant *
Lisha Fambro, Administrative Assistant
John Ward, Grants Coordinator (part-time)

Environmental Health Services

Michael Charley, MS, Environmental Health Supervisor**
Kathleen Berens-Haas, LEHP, Sanitarian
Cameron Hendricks, LEHP, Sanitarian

Animal Control

Jason Pounds, Animal Control Officer

Community Health Services

Elisabeth Bacani, RN, Public Health Nurse
Pamela Rumoro, RN, Family Case Manager/Public Health Nurse

Public Health Emergency Preparedness

Murray Snow, Emergency Preparedness and Response Manager

* Via contract with PCC Wellness Center

** Also Animal Control Supervisor and Staff Liaison to Farmer's Market Commission

Farmer's Market

Jessica Rinks, Farmer's Market Manager (part-time)
Cheryl Curry, Assistant Farmer's Market Manager (part-time)
Corey James Hilber, Assistant Farmer's Market Manager (part-time)
John Owens, Assistant Farmer's Market Manager (part-time)



2012 Health Department Staff

Cameron Hendricks; Kathy Berens-Haas; Mike Charley ; Jason Pounds; Murray Snow
John Ward; Elisabeth Bacani; Lisha Fambro; Margaret Provost-Fyfe; Pamela Rumoro
Not shown: Dr. Paul Luning, Medical Consultant



Jessica Rinks, Farmers Market Manager

2012 Oak Park Board of Health

Kamana Mbekeani, MD, Chair
Rhoda Bernstein, MPH
Diana Diakite

Ravi Grivois –Shah, MD, MPH
Florence Miller, RN, MSN, MPH
Nathan Pimentel (Student member)
David Rechs, MLT

2012 Health Department Program Statistics

Communicable Disease Control ¹	
Total communicable disease reports (excluding HIV and STD)	54
Total sexually transmitted disease (STD) reports	218
Chlamydia	165
Gonorrhea	49
Syphilis (including primary, secondary, early latent and congenital)	4
Community presentations on communicable disease prevention	8
Seasonal flu vaccinations given	474
Maternal Child Health and Teen Pregnancy Prevention	
Family Case Management: pregnant women and infants visited ²	153
High risk infants (IDPH Adverse Pregnancy Outcome Reports) visited ²	39
<i>Your Kids and Sex</i> workshop ³ : number of parents of adolescents attending	18
Child Care and Long term care surveillance	
Day care center inspection visits	25
Nursing home /Assisted living inspections	6
Dental Sealant Program⁴	
Financially eligible children receiving dental exams and sealants	20
Tobacco Cessation Programs⁵	
Residents provided nicotine replacement via the IDPH Quitline	53
Childhood Lead Poisoning Prevention Program⁶	
Nursing visits to lead poisoned children	1
Employee Wellness	
Know Your Number Screenings	66
Workshops and trainings offered	2
Food Protection¹	
Food inspections (Oak Park):	1185
Routine	561
Follow-up	544
Pre-sale	40
Food complaints	76
Foodborne illness investigations	9
Construction plans reviewed	9
Food education presentations	2
Food education participants	18

Consultations	63
Citations issued	85

Environmental Health

Oak Park:

Complaints investigated (including rodent control)	219
Day care center environmental inspections	39
Swimming pool inspections	17
Tanning facilities inspections ⁷	5
Body art facilities inspections ⁷	5

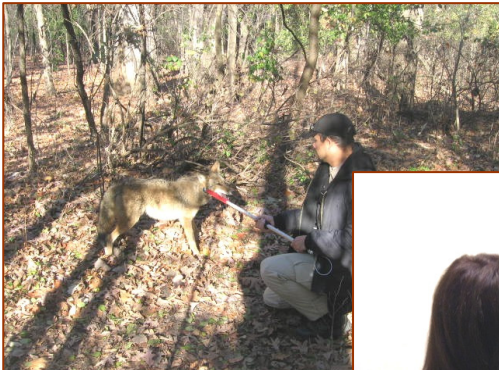
West Nile Virus Prevention⁸

Total homes surveyed for standing water	3051
# homes with standing water site(s)	
Educational presentations/Special Events	0
Number of positive RAMP tests	41

Animal Control

Complaints investigated	76
Citations issued	42
Dogs impounded ⁹	195
Cats impounded ⁹	135
Animals returned to owners prior to impound	120
Animals returned to owners after impound	110
Animal licenses issued	2754
Wildlife traps released to residents	104

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1. Funded under the IDPH Local Health Protection Grant
 2. Funded under the IDHS Family Case Management Grant
 3. Funded under the IDHS Teen Pregnancy Prevention Grant
 4. Funded under the IDPH Dental Sealant Grant
 5. Funded under the Illinois Tobacco Free Communities Grant
 6. Funded under the IDPH Lead Case Management/Environmental Investigation Grant
 7. Funded under the IDPH Body Art and Tanning Facility Inspection Grants
 8. Funded under Mosquito Control grants from IDPH and Cook Cty
 9. By contractual arrangement with the Animal Care League



Emergency Preparedness and Response

In 2012, Public Health Emergency Preparedness and Response staff continued to carry out grant funded activities, including planning, training and drilling for a coordinated response to natural and man-made disasters. A training exercise was carried out with Village staff, during April, in preparation for the Nato Summit in Chicago. A table-top exercise on the distribution of the National Strategic Stockpile (SNS) took place in June, and an exercise to test evacuation plans during a chemical accident was carried out in December. Quarterly meetings were held with community stakeholders including representatives of all local governmental bodies, local hospitals and schools.



A noteworthy achievement in 2012 was the completion of the Village's Multi-Hazard Mitigation Plan, completed by Emergency Preparedness staff in collaboration with the Village's Sustainability Coordinator and Public Works staff. The Plan, one of the first to incorporate 'green' strategies to mitigate flooding, was reviewed and approved by both the Illinois Emergency Management Agency (IEMA) and the Federal Emergency Management Agency (FEMA).



Oak Park Medical Reserve Corp

The Medical Reserve Corps (MRC), organized to assist the Health Department in its response, met regularly under the guidance of Emergency Preparedness staff. In 2012, Medical Reserve Corps volunteers assisted at several activities throughout the Village including providing first aid to several 5K runs, providing information at the *Seniors First* health fair and Day in Our Village, and teaching hand hygiene in local schools and child care facilities. This year, the Oak Park MRC participated in multi-jurisdictional training with the River Forest Citizen Emergency Response Team (CERT), 'Tripcom' MRC (Forest Park, River Forest and Elmwood Park), and the Palatine MRC.

Farmers Market

The Health Department has provided oversight to the Farmer's Market staff since 2004. In 2012 the Oak Park Farmers' Market celebrated 36 years of providing the community with access to fresh, local and organic fruits and vegetables.

- Twenty-six vendors participated in the Market
- Two food establishments offered demonstrations on how to prepare healthy fare using Farmers Market products
- Thirty-six not-for-profit organizations participated as a bake sale vendor
- Over \$28,000 in vendor sales were processed using a wireless 'point of service' device; of these, \$5000 were 'Link Illinois' purchases
- Three successful 'special events' were held: *Go Green, Corn Roast and Stone Soup*
- The Farmers' Market distributed \$2373 in "double coupons" to patrons using their Illinois Link card to purchase Link-eligible items, essentially doubling what the patrons could purchase at the Farmers' Market. The coupons were financed through Illinois Link UP! grant monies received from a not-for-profit organization called Experimental Station.





Health Department Notable Accomplishments in 2012

- Staff and Medical Reserve Corps volunteers assisted the Board of Health with a community forum on local firearms legislation at the January Board of Health meeting.
- Staff continued to serve on the Pioneering Healthier Communities Steering Committee which is charged with impacting childhood obesity locally
- Staff served on the Loyola University Health Systems Community Assessment and Strategic Planning Committee.
- Staff provided leadership, technical expertise and guidance to the Village of Oak Park Employee Wellness Team which was responsible for providing healthy snacks to employees, providing health screenings for cardiovascular risk factors, and facilitating the purchase and installation of a treadmill for employees as well as the remodeling of the employee lunchroom facilities in Village Hall.
- Staff researched and proposed a Village ordinance change allowing the maintenance of bee hives in Oak Park, resulting in beekeeping being permitted in the Village.
- The Village's Agreement with Animal Care League, for animal impoundment and other services, was extended for an additional 5 years.
- Grant funds for public health programming totaling \$365,245 were provided to the Department for the SFY 2012 – 2013.

- Environmental Health staff successfully completed the 2012 Illinois Department of Public Health Local Health Protection Grant review
- Environmental Health staff taught food service sanitation classes to 28 local food service workers.
- Environmental Health staff provided training and practical experience to an Environmental Health intern from Illinois State University.
- Mike Charley, Environmental Health Supervisor, served as President of the Illinois Environmental Health Association for 2012; he represented the IEHA at the Partnership for Food Protection (PFP) 2012 50 State Workshop
- Cameron Hendricks, Staff Sanitarian, was elected Vice-President of IEHA, North Chapter for 2013
- The Village renewed the annual Agreement with Anderson Pest Control for rat abatement services, funded under the Local Health Protection Grant

- Elisabeth Bacani, RN, Public Health Nurse, completed Red Cross Shelter training and psychological first aid training. Elisabeth also completed an epidemiology/disease investigation course through UIC School of Public Health. Under a grant from the State of Illinois, Elisabeth attended The National Conference on Tobacco and Health in Kansas City.
- Pam Rumoro, RN, Public Health Nurse completed training to become a certified lactation support counselor, in addition to the Illinois Department of Public Health Pediatric Assessment course required for public health nurses visiting high risk

infants. Pam was also featured in a VOP TV 6 video, on Family Case Management <http://youtu.be/TRoABYUx8j8> .

- The Village renewed the annual Agreement with CEDA WIC for use of space at the CEDA WIC office at 6026 Roosevelt Road for Family Case Management outreach and case finding
- Public Health Nursing staff provided a community health nursing experience for two BSN completion students, from UW Green Bay and Regis University.
- In collaboration with the Sustainability Coordinator and Public Works Department, Emergency Preparedness staff completed the Village of Oak Park *Multi-Hazard Mitigation Plan* as well as the *Hazard Vulnerability Analysis*. The *Multi-Hazard Mitigation Plan* was reviewed and approved by IEMA.
- Staff conducted Exercise *OP Unrest*, in April, in preparation for the NATO Summit in May '12, and staffed the Emergency Operating Center on a contingency basis during the Summit weekend. Staff also conducted *Exercise Health Overrun* in June, a table-top exercise designed to assist the Health Department and key Emergency Operating Center (EOC) personnel to work through an activation of the Strategic National Stockpile plan. Staff also conducted *Exercise Off The Rails* in December, a combination table-top exercise and workshop designed to evaluate mass evacuations of portions of the Village during a chemical accident along the Union Pacific rail lines running through Oak Park. In addition, staff was invited to evaluate preparedness exercises for external partners (McHenry County Health Department, Rush Oak Park Hospital, and Vanguard West Suburban Hospital).

IPLAN – 2011-2016

Status Report - 2012

As a certified local health department in Illinois, the Health Department is required to report annually on activities to address the priority health issues identified by the community in the 2011-2016 IPLAN strategic plan. The three health issues impacting the lives of Oak Park residents and the activities undertaken in 2012 to address these health priorities are as follows:



Obesity

The Health Department is represented on the local *Wild About Wellness* (Pioneering Healthier Communities) Steering Committee. In 2012, a review was undertaken of the current nutrition standards in local licensed child care centers, as well as best practices and recommendations from a number of other state licensing authorities and professional organizations. In collaboration with staff of The Collaboration for Early Childhood and Dominican University, local child care providers were surveyed on several issues related to feeding of young children including cost and other barriers to enhancing food options. Work on this policy issue will continue with the expected result being evidenced based, well-researched recommendations for improving nutrition standards for local licensed child care programs in order to impact childhood obesity.

Illinois Department of Public Health

Illinois Tobacco-Free Communities

Pat Quinn, Governor Damon T. Arnold, M.D., M.P.H., Director

Chronic Disease

Policy to reduce exposure to secondhand and third-hand tobacco smoke was the primary focus of work carried out with funding from the Illinois Tobacco Free Communities Grant Fund in 2012. Public Health nursing staff collaborated with staff of the Oak Park Housing Division to educate apartment building owners and managers on the benefits of going 'smoke free'. A public health nurse was able to attend the CDC National Tobacco Summit in Kansas City to learn more about the risks about second and third-hand smoke and how to reduce the risks in a community. The Department also promoted the Illinois Department of Public Health Quitline, where residents can access counseling and medications to assist with smoking cessation and investigated violations of the Village's Clean Indoor Act, protecting residents from exposure to second-hand smoke.

Inability to Access Adequate Health and Dental Care

Public Health nursing staff continued to provide resources for affordable, quality health and dental care to residents. The Department, through its Family Case Management Program, identifies and case manages income eligible pregnant women and infants, enrolling mothers-to-be and their children in All-Kids and providing linkages to pre-natal and well-child care. The Department continued its agreement with The Children's Clinic to provide dental exams and sealants to income-eligible children under a grant from the Illinois Department of Public Health Division of Oral Health. Nursing staff regularly counsel and advise residents on the health and dental care options available to them in the community and maintain strong linkages with the PCC Wellness Center and the Childrens Clinic of Oak Park.

2012 Public Health Awardees

Fitzsimmons Award Winners:

Three residents and four Oak Park organizations were honored by the Health Department and Board of Health for their contributions to the health and well-being of Oak Parkers during the past year. During National Public Health Week, April 2-8, the *Fitzsimmons Award for Excellence in Public Health* was awarded to honorees nominated by the community.

- *Southeast Oak Park Community Organization (SEOPCO)*, for their effort to bring together residents and a local firearms business owner, in a thoughtful and organized way, in order to engage in a fair and useful exchange of information.
- *Root Riot*, started by Amy Beltamacchi and Seamus Ford, which filled a community desire for growing fruits and vegetables and promoting a healthy lifestyle through gardening.
- *District 97 Green Teams*, a group of parents and volunteers who have undertaken several sustainability initiatives in the schools including zero-waste lunches and encouraging composting, recycling and the use of reusable products.
- *Green Community Connections*, a group of dedicated volunteers who have established an electronic gathering place for stimulating conversations, for exchange of useful resources, and where neighbors can help each other build a resilient, environmentally sustainable community.
- *Ray Heise, Village Attorney from 1984-2012*, for his efforts and advocacy on numerous public health issues during his tenure, including gun control, clean indoor air, fair and safe housing practices and the establishment of the Oak Park Farmers Market.
- *Elisabeth Lippitt and Jill Morehead, Pioneering Healthier Communities, Community Coach and YMCA Coach*, respectively, for their tireless work, their enthusiasm and their passion for the PHC goal of creating a community that supports physical activity and healthy eating.

Johnson Award Winners:

The 27th annual *Johnson Restaurant Award*, which acknowledges sanitation excellence in Oak Park food service establishments, was presented to eleven Oak Park establishments. Named in memory of Oak Park's first lunch room which began operation at 124 Lake St. in the early 1890's, the Johnson's Restaurant Award

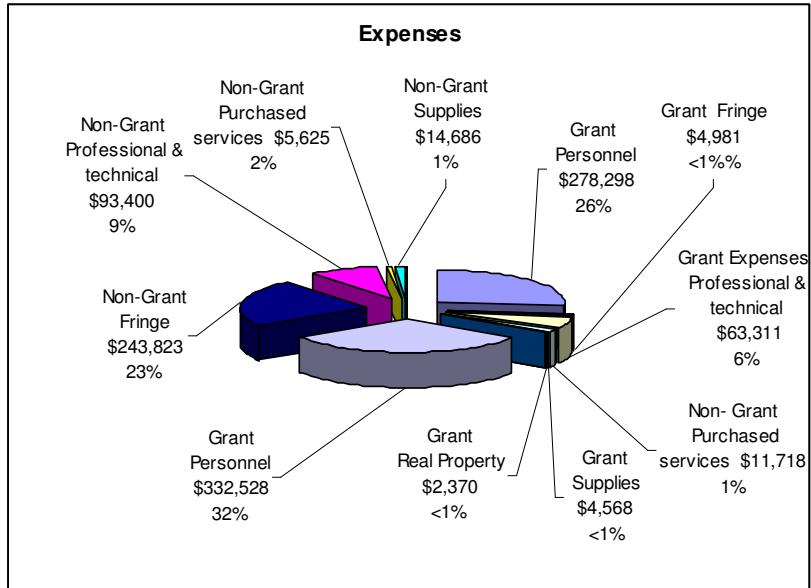
is part of the Health Department's ongoing incentive program to encourage restaurants to consistently meet or exceed mandated responsibilities in providing safe food.

- Ridgeland Commons Concessions, Park District of Oak Park
- Five Guys Burger and Fries, 1115 Lake Street
- Kentucky Fried Chicken, 316 Madison Street
- Java Oasis, 1113 North Boulevard
- New Rebozo, 1116 Madison Street
- Marion Street Grille, 189 Marion Street
- Jerusalem Café, 1030 Lake Street
- Best of Both Worlds, 108 Madison Street
- Penny's Noodle Shop, 1130 Chicago Avenue
- Rehm Park Concessions, Robinsons No. 1 Ribs
- Caribou Coffee #768

2012 Health Department Revenue and Expenses

Expenses

	Grant	Non-Grant	Total
Personnel	\$ 278,298	\$ 332,528	\$ 610,826
Fringe	\$ 4,981	\$ 243,823	\$ 248,804
Professional & technical	\$ 63,311	\$ 93,400	\$ 156,711
Purchased services	\$ 11,718	\$ 5,625	\$ 17,343
Supplies	\$ 4,568	\$ 14,686	\$ 19,254
Real Property	\$ 2,370		\$ 2,370
Total	\$ 365,245	\$ 690,063	\$ 1,055,308



Revenue

Grants	\$ 365,245	35%
Licenses	\$ 33,102	3%
Intergov/Medicare	\$ 1,810	0%
Fees/ Service Charges	\$ 92,041	9%
Fines	\$ 13,735	1%
Local taxes	\$ 549,375	52%

